



NOW SPOKANE MILITARY AMERICA



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Volume XXVIII Number 1



February 2018



5 Star Chapter President's Message

By Dave Melges

Our next social will be Sunday, 18 March at Darcy's. Our planned speaker is Bonita Powers, the new Director of the Spokane Veterans Home. However, should she be unable to make it, I will answer questions about computers. I would be able to do this because of

- My Navy experience on Aegis cruisers
- I worked for Microsoft at their call center in Liberty Lake for five years after retiring.

In order to provide a lively presentation, I would need to prepare ahead of time, so I need your help.

Please send your questions to me via email at spomoaa@melges.net.

- I can only answer questions regarding Windows 7, 8 or 10
- No questions about Apple computers
- I will prepare answers to your questions and answer them at Darcy's.

Things continue to change for those who receive prescriptions that come through Tricare/Express Scripts. On 01 SEP 2017 the Automatic Refill Program changed. This means Express Scripts will contact you when your prescription is due for renewal. They will ask whether or not you want them to contact your doctor for a new prescription. They will also ask whether you want to remain in the Automatic Refill Program. If they cannot reach you after two tries and you do not respond to their communications, they are required to remove you from the program. Please be aware they want to ensure you are not missing a dose of any medication you take for an on-going illness. (Continued on page 3).



**Bring Something to
the 18 March Social
for the Raffle**

2018 Chapter Social Dates Mark Your Calendar!

18 Mar Darcy's, Spokane Valley
15 Apr Vine & Olive Coeur d'Alene
17 Jun Highlands, Post Falls
16 Sep Darcy's, Spokane Valley
21 Oct To be announced
2 Dec Mukogawa Ft. Wright

2018 Widows & Wives Club Meeting Dates



2 Jan Ripples on the River
6 Feb Black Angus Steakhouse
6 Mar Dockside CdA Resort
3 Apr Thai Bamboo
1 May Bistro on Spruce
5 Jun Christ Kitchen
3 Jul Anthony's Homeport, CdA
7 Aug Luna Restaurant
4 Sep The Kroc Center, CdA
2 Oct Daanen's Delicatessen, Hayden
6 Nov Twig's Bistro
4 Dec Bramble Berry Cottage Tea Shop

Now Hear This!



Welcome New Members

Carol Allen, Surviving Spouse
LCDR Jon Hull, USN (Ret.) and wife Sara, Spokane
LTC Gregory Peterson, U.S. Army (Ret.), Spokane



Taps

MAJ Robert Allen, USMC (Ret.) (12/14/17)

Our Hat Is Off To:

2018

Recruiter	Chapter	MOAA
John Hull	1 (self)	0
Marilyn Hunt	0	1
Bob Imle	0	1
Dave Melges	0	1
Total	1	3

CHAPTER SCOREBOARD 2018

JROTC Scholarship Funds 2/03/18 \$725

**Legislative Letters, Postcards, Emails
as of 2/18/18: 88**



2018 Raffle Donations: MAR: Meals on Wheels; APR: MOAA Scholarship; JUN: Union Gospel Mission; SEP: Widows & Wives Wreaths Across America; OCT: Spokane Veterans Home; DEC: COL Spady Koyama JROTC Scholarships. **Total to date:**

Widows & Wives: Homeless Vets \$34.00. Spokane Veterans Home 129 items, including 31 unfinished wood items, 22 AA batteries, 18 bottles acrylic paint, 23 magazines, 1 peg game, 7 disposable razors, 22 pounds bird seed & 5 wall clocks.. Meals on Wheels \$18.00.



MOAA Website and Membership:



MOAA website: www.moaa.org

MOAA "Take Action": www.moaa.org/takeaction/

MOAA Legislative: <http://www.moaa.org/takeaction/#Legislative-Action-Center>

Spokane Chapter website: www.spokanemoaa.org

Membership in Spokane Chapter and MOAA national is open to present and former commissioned officers and warrant officers (including retirees) with honorable service in any of the United States seven uniformed services (including National Guard and Reserves) of the Army, Navy, Marine Corps, Air Force, Coast Guard, U.S. Public Health Service, and National Oceanic and Atmospheric Administration. MOAA and Spokane Chapter MOAA are nonpartisan.

SPOKANE CHAPTER IS NOW ON FACEBOOK!

LIKE US AT

WWW.FACEBOOK.COM/SPOKANEMOAA

SIGN UP TODAY!

Widows & Wives Club Upcoming Events



DATE	LOCATION	CALL
6 MAR	Dockside Coeur d'Alene Resort 122 S. Second Ave. Coeur d'Alene ID (208) 765-4000	Pat Connell (208) 772-2559
3 APR	Thai Bamboo 5406 N. Division St. Spokane WA (509) 777-8424	Pat Burns (509) 951-5070
1 MAY	Bistro on Spruce 1710 N. 4th St. Coeur d'Alene ID (208) 664-1774	Pat Connell (208) 772-2559
5 JUN	Christ Kitchen 2410 N. Monroe Spokane (509) 325-4343	Kay White (509) 315-9684

Now Hear This!



Thank You from Air Force ROTC Cadet

The November 2017 newsletter contained the history of our chapter's Colonel Spady Koyama JROTC Scholarship and stated that it is awarded to specially selected cadets who graduate from the JROTC Units that we support. Because our chapter members have been incredibly generous, we have been able to provide several \$500 scholarships over the years.

This winter we received a very nice hand written thank you card from a cadet who received one of these scholarships. To assure you that your generosity pays off, we'd like you to know what she said.

"Dear Spokane Chapter MOAA, I just wanted to thank you for providing me with this scholarship. I am proud to say that I am participating in the Air Force ROTC at Central Washington University. I am beyond excited to pursue a career in the military. I am currently deciding a major, and I am considering either Business Administration or Safety Management. I am planning on my MOS to be Aircraft Maintenance. Thank you again for supporting me through my college career. Love, Olivia Marx "



Continued from President's Piece on page 1

If you have not responded to their outreach, call (877) 363-1303 to ensure your medication is enrolled in Automatic Refills. Remove the worry of not getting your medication on time every time!

Copayments Change – 01 FEB 2018

Copayments at TRICARE Pharmacy Home Delivery and retail network pharmacies changed on 1 FEB due to a change in Federal law. Drugs at MTFs will still be available to TRICARE beneficiaries at no cost. Save money when you compare a 90-day supply of drugs in Home Delivery to a 90-day supply of drugs at retail. Also, there's no copayment for Active Duty Service Members using Home Delivery. Learn more about your pharmacy benefit at <https://tricare.mil/prescriptioncosts>

Transferring your prescriptions to the local Military Treatment Facility

The pharmacy at Fairchild AFB has a form to facilitate the transfer.



To transfer existing prescriptions to a military pharmacy requires the following information: Name; Date of Birth; Your phone number; Last 4 Digits of your Social Security Number; where your prescription is currently being filled from and their phone number. You will also need data for each Prescription (this is on the label): Prescription number; Remaining Fills; Directions; Original date and when last filled.

Point of service	Generic Copay	Brand Name Copay	Non-Formulary Copay
Retail network	\$11/30 day supply	\$28/30 day supply	\$53/30 day supply
Home delivery	\$7/90 day supply	\$24/90 day supply	\$53
Military Pharmacy	\$0/90 day supply	\$0/90 day supply	Generally not available

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Now Hear This!

Kay White Resigns as Personal Affairs Representative

By Marilyn Hunt



Our chapter's truly outstanding Personal Affairs Representative, Kay White, has announced her resignation effective 31 March 2018. She has been a God-send and we truly don't want to see her go. However, the good news is that Pat Burns has graciously volunteered to assume the position.

The Personal Affairs representative is a very important job, and it's purely volunteer work that absolutely has to be done.

Here's what Kay has been doing on a regular basis since 2013 and what Pat will continue to do once she takes over:

- On a daily basis compares the obituaries in the Spokesman Review with the Spokane Chapter roster to track any deaths of Chapter members.
- Reports any deaths of Chapter members to:
 - 1) Spokane Chapter Board of Directors
 - 2) MOAA, Sounding Taps, to update their records and insure the listing of the deceased's name in the MOAA Magazine.
- Sends a condolence card to the family of any deceased member or spouse. Included in this card is contact information and an insert assuring the person of the availability of the Spokane Chapter to assist them with services such as forms, telephone numbers, information through Personal Affairs.
- Sends a report to the Spokane Chapter Board of Directors prior to each Board meeting, detailing any Personal Affairs activity since the previous meeting.
- Prepares, in conjunction with the 2nd Vice President and Membership Chair, an annual list of chapter deaths. These members are honored at the April social each year.

We are most grateful to Kay for all she's done. Speaking from my perspective as the Newsletter Editor, I have truly appreciated how well she watches the obituaries, then reports things accurately and on time to the board, and takes follow-up action. This enables me to include the deceased in our newsletter in an accurate and timely manner. I know that what she does takes a lot of time, but it's been a real service to the family of the deceased and the chapter. Also, the way she carries out her duties has been included in the annual 5 Star Chapter report.

Thanks so much, Kay, for all you've done. We trust that you and Frank will continue to attend chapter socials as faithfully as you have up till now.

U.S. Air Force Legal Assistance
Fairchild AFB Wing Headquarters (509) 247-2838
Legal Assistance Tuesday and Thursday 0830-0930
Notary and Power of Attorney hours Monday—Friday 0830-1600
Call to find out if they can help with your legal needs.

Legislative Contacts

President Donald Trump

The White House
1600 Pennsylvania Ave.
Washington DC 20500

Washington

Senator Patty Murray

United States Senate
10 North Post St, Suite 600
Spokane WA 99201
509-624-9515
Fax 509-624-9561

Senator Maria Cantwell

United States Senate
920 W. Riverside,
Suite 697
Spokane WA 99201
509-353-2507
Fax 509-353-2547

Representative Cathy McMorris Rodgers

United States House of Representatives
10 N. Post St, 6th floor
Spokane WA 99201
509-353-2374
Fax 509-352-2412

Idaho

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United States Senate
610 W. Hubbard
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208-664-5490
Fax 208-664-0889

Senator Jim Risch

United States Senate
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Coeur d'Alene ID 83814
208-667-6130
Fax 208-765-1743

Representative Raul

Labrador, United States
House of Representatives
1250 Ironwood Dr.
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Coeur d'Alene ID 83814
208-667-0127
Fax 208-667-0310

Now Hear This!

Spokane Chapter, MOAA
P.O. Box 466
Veradale WA 99037



Sunday, 18 March Darcy's, Spokane Valley
10502 E. Sprague in the University Mall
12:30 Social, 1:15 Buffet

Speaker: Bonita Powers, Director of Spokane Veterans Home (see President's Piece p. 1)

Mail early as reservations must be received in the chapter mailbox NLT Wednesday, 14 March 2018

If you need to cancel a reservation, contact Rufus Hoefer (509) 443-6822 NLT Wednesday, 14 March for refund.

MENU: Buffet of Prime Rib, Salmon and Chicken Cordon Bleu, rice, garlic red potatoes, veggies, salad and bread sticks. Little bites for dessert. Cost is \$22.00 per person. Please reserve ____ places for the Sunday, 18 March 2018 social at Darcy's. My check in the amount of \$_____ is enclosed (\$22.00 x ____ number of reservations). Make check to "**Spokane Chapter MOAA**" and mail to chapter mailbox above.

Name: _____ member/guest (circle one) Name: _____ member/guest (circle one)

Name: _____ member/guest (circle one) Name: _____ member/guest (circle one)

Directions: SUNDAY 18 March Darcy's Restaurant 10502 E. Sprague in the University Mall. Social starts at 12:30, buffet meal begins at 1:15 pm. Darcy's is located just east of University Mall and has plenty of parking. West on I-90: Exit 289 (Pines), left on Indiana, then left on Pines to Sprague. Right to University Mall on left. East on I-90: Exit 287 (Argonne), right to Appleway Blvd, then turn left & go to University Rd. Left on University to Sprague. Left to University Mall. **Questions?** Call Rufus Hoefer (509) 443-6822.

We will sign **legislative letters** and have a **raffle** in support of Meals on Wheels. Please bring:

- 3 stamps and 6 address labels per person
- Something for the raffle which will benefit Meals on Wheels
- Something for homeless veterans: white tube socks, hand warmers for winter, or cash donations to purchase items.



Membership Chair/Committee
Spokane Chapter, MOAA
P.O. Box 466
Veradale WA 99037

EMAIL REQUEST, CHANGE OF ADDRESS or PHONE, or TEMPORARILY AWAY:

Clip and complete this form and send it to the address on the left so we can update our database. Thank you.

NOTE: We do not send junk email or spam. Also, we do not give away, sell or trade your email address.

Member name: _____
(Please print clearly)

☐ I would like to be added to the chapter email list. I specifically request to (check all that apply):

☐ Receive the chapter newsletter by email

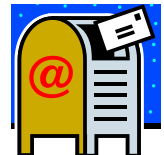
☐ Receive important information in a timely manner.

☐ My email address is _____
(Please print clearly)

☐ My mailing address, email address, and/or phone number has changed to:

☐ I will be temporarily away starting _____ and returning _____. I do / do not (circle one) wish to receive the newsletter while I'm away. If "do" please send it to:

Signed: _____



WE'RE ON THE WEB!
WWW.SPOKANEMOAA.ORG



Spokane Chapter
Military Officers Association of America
P.O. BOX 466
Veradale WA 99037

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Need a Ride to a Chapter Social? Call Anyone Listed Below

WASHINGTON

IDAHO

Clif Collier 509-443-6490



Ralph Shrigley 208-623-2671

Fill out and Mail to: Spokane Chapter
Military Officers Association of America
P.O. Box 466, Veradale WA 99037

Free Chapter membership for new members through 31 DEC 2018
Regular Member : \$15/yr. or \$40 for 3 yrs.
Surviving Spouse: \$9/year or \$25 for 3 years

Please Print or Type: NAME _____

RANK _____ **SERVICE** _____ **STATUS (Circle one):** Active, Retired, Former, Surviving Spouse

ADDRESS _____ **ZIP** _____

PHONE _____ **NAME OF SPOUSE** _____ **MOAA NAT'L NO.** _____

E-MAIL _____ **I do/ do not (circle one) wish to receive my chapter newsletter by E-Mail.**

Date of retirement or separation (if applicable) _____ **CIVILIAN OCCUPATION** _____

To join Spokane Chapter, MOAA, membership is required in MOAA national. I am / am not (circle one) a current member of MOAA national. Membership in the Spokane Chapter and MOAA national is open to present and former commissioned officers and warrant officers (including retirees) with honorable service in any of the United States seven uniformed services (including National Guard and Reserves) of the Army, Navy, Marine Corps, Air Force, Coast Guard, U.S. Public Health Service, and National Oceanic and Atmospheric Administration.

SIGNATURE _____ **DATE** _____ **RECRUITER** _____

Casualty Assistance Officer: Claudette Becker is the casualty assistance officer for Fairchild AFB and surrounding area. She's in Bldg. 240 at 7 W. Arnold St., 509-247-4488. If you leave a message, she will call you back.

FAFB Retiree Activities Office (RAO)
SGM Jim R. Smith, USA (Ret.), Director
Bldg. 240, 7 W. Arnold St., Ste. 109, 509-247-5359
Hours: 1000—1400.
They need volunteers to work four hours per month.