



NOW HEAR THIS!
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MILITARY OFFICERS ASSOCIATION OF AMERICA

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August 2012

5 Star Chapter President's Message**By Ralph Shrigley**

We are doing something different for the September Social. Program Chair Bob Imle has arranged for us to hold our meeting at Buck Knives. We will meet on THURSDAY, September 13 at the Buck Knives facility in Post Falls, have a catered lunch and tour the factory. We can also drop by the nearby Cabela's if desired. Tours can only accommodate 10 people each, and will be on a FIRST COME-FIRST SERVED basis. Please carefully read the reservation coupon on page 5 and get it in the mail ASAP. We need to receive it by 7 September. See you there!

I hope you are having a wonderful summer. Congress is on break now as well, but will return to a full plate in a few weeks. The new word everyone seems to have learned is "sequester" and it's difficult to watch a news show without hearing it. Superimposing the presidential election onto the high drama of the budget crisis makes it more difficult for either of the parties to blink until after the November elections, I believe.

Focus on the sequester issue and the disastrous impact it would have on many aspects of our lives and the economy has moved attention away from the Administration's proposals to restructure military retirement and increase fees for pharmacy and Tricare benefits. Resolution of these issues, as well, will likely not take place until after the election. Please stay informed on the status of these issues on our active and retired military by regularly checking with www.moaa.org.

**Bring Something
 to the 13 September Social
 for SUPPORT THE TROOPS**

2012 Chapter Socials

- 18 Mar Northern Quest Casino
- 29 Apr FAFB Deel Center
- 18 May Valley Hosp. Special Ev.
- 10 Jun Cathay Inn
- 13 Sep **Thursday** Buck Knives
- 21 Oct Coeur d'Alene Resort
- 8 Dec **Saturday** Mukogawa Ft. Wright

**2012 Chapter Widows & Wives Club
 Meeting Dates**

- 3 Jan Black Angus Steakhouse
- 7 Feb Thai Bamboo
- 6 Mar Ambrosia Bistro & Wine Bar
- 3 Apr Beverly's, CdA Resort
- 1 May Chaps Coffee Company
- 5 Jun Christ Kitchen
- 3 Jul C. I. Shenanigans
- 7 Aug Clinkerdagger Restaurant
- 4 Sep Grille from Impanema, CdA
- 2 Oct The Clark House, Hayden ID
- 6 Nov A Taste of Dome at Asian
- 4 Dec Ripples, Red Lion River Inn

Now Hear This!



Welcome New Members

Lyn Conant, AUX, Spokane
 CDR George Conn, USN (Ret.) and wife Jackie, Coeur d'Alene
 LCDR Alan Davis, USN (Ret.) and wife Lisa, Coeur d'Alene
 Rusty McBride, AUX, Spokane
 Artha Saty, AUX, Spokane

TAPS



Janet Calhoun, wife of LtCol Harry Calhoun, USAF (Ret.) (7/23/2012)
 Dr. Harry Green, Jr., COL, USAF (Ret.) (4/9/2012)
 James McBride, Capt., U.S. Army (Ret.) (6/23/2012)
 Richard Saty, COL, U.S. Army (Ret.) (7/17/2012)

Our Hat Is Off To:

Member Recruiters	Chapter 2012	GMT 2012
Clif Collier	1	1
Lyn Conant	1 (self)	
George Conn	1 (self)	
Merl Gorton	1	1
Marilyn Hunt	7	13
Bob Imle		9
Dick Oates	1	4
Ralph Shrigley	1	1
TOTALS	13	29

Support the Troops

MAR: 2 boxes (17#) to 12M Arabian Sea (USN), 2 boxes (15#) to 7M & 1W in Afghanistan (USAF), 2 boxes (16#) to 40M & 20W in Afghanistan (US Army), 2 boxes (18#) to 10M & 5W in Afghanistan (USMC). 2 boxes to 150M & 25W Afghanistan (USMC); 2 boxes to 37M & 8W Afghanistan (USAF), 2 boxes to 10M & 2W on USS Abraham Lincoln (USN), 2 boxes to 42M Afghanistan (US Army) - 79.5 pounds total.
JUN: 8 boxes (83#) to 672M & 211W in Afghanistan (2 boxes each to four units - US Army, USN, USMC, USAF).

2012 STT Summary: 24 boxes (228.5 lbs.) to 980M & 272W in USAF, Army, USMC and USN in the Arabian Sea and Afghanistan, and on-board the USS Abraham Lincoln.

Legislative Letters, Postcards & Emails: 1163 as of 10 Aug 2012.

Raffle Donations: MAR \$140 JROTC Units. APR \$160 Ladies & Gentlemen of the WA State Cemetery; MAY \$230 JROTC Scholarship Program; JUN \$200 Fisher House

Widows & Wives: \$87 & 36 lbs. food to Spokane Food Bank. Yarn, knitting needles & crochet hooks to Spokane Veterans Home.



Spokane Chapter, MOAA

**2011 First Prize Winner
 Best Legislative Coverage for
 Website
 Fourth Consecutive Year!**

Website: 1st Runner UP

WIDOWS & WIVES CLUB

By Beth Ann Daigre, President



The Widows and Wives Club has added a wonderful opportunity to explore a landmark in north Idaho. We will hold our October luncheon at **The Clark House in Hayden**. They don't normally serve lunch, but will do so for us (we are special and Pat Connell got this done). After lunch we will have a tour. Many of us from Spokane will car pool over. Pat Tolley will have rides for those in the north & west sections of Spokane. I'll have another group meeting near the Hobby Lobby in the Spokane Valley. There will be a change in time, **12 noon** instead of our usual 1 PM. Date is **October 2nd**. **Pat Connell, (208) 772-2559**, will be taking the reservations. This will be an exceptional gathering, so bring someone special with you.

Now for our **September 4th** luncheon, we will still be heading to Idaho, this time to Coeur d'Alene and the **Grille from Impanema**. It will be at **1 PM** and the address is 601 Front Avenue #101. Again, you must call **Pat Connell, (208) 772-2559** to make your reservation.



Our continuing programs are activity items for the Spokane Veterans Home and household items for the Spokane Homeless Veterans Program. You should check out the wants and needs lists on our chapter website www.spokanemoaa.org. It will be on the Auxiliary Page. For items to donate to the **veterans home**, please contact **Elaine Anderson (509)-328-5556** and for **homeless veterans** contact **Pat Tolley (509) 953-6768**.

Please note that you do not need to be a dues paying member of the Widows and Wives Club to come to our luncheons. We are a group of ladies who have been active duty wives or ones who married our veteran after his service years. We are part of the military family and that is what counts. Even though our name implies female members, we would accept male spouses and will consider a name change should one venture into our realm.

Now Hear This!

BUCK KNIVES SOCIAL THURSDAY, 13 SEPTEMBER



Our September social will be held on **THURSDAY**, 13 September, at Buck Knives in Post Falls. Your reservation form **MUST** indicate your preference for a **Tour** time; only 40 Tour spaces are available. You will be notified of your tour time at the telephone number you put on the reservation form. **No open-toes or open-heels on shoes during the tour. Wheelchairs are allowed on the tour but not recommended due to cables on the floor and tight spaces between some machinery. However, wheelchairs are fine for the lunch and meeting** which starts at 1100 on the second floor of Buck Knives and is handicap accessible via elevator. Chuck Buck plans to attend and present information on the history of Buck Knives. The Buck Knives outlet store will be open; military discount is 30%. You can also drop by the nearby Cabela's if desired. Driving directions are below the reservation form. Catering is by O'Doherty's in Spokane Valley

AUXILIARY CORNER—VOTING on MEMBERSHIP in MOAA

By Beth Ann Daigre, Auxiliary Liaison



A monumental moment in MOAA history is upon us. Auxiliary members have asked to become voting members of MOAA national. We comprise about 17% of total MOAA membership ,and yet have not been granted the right to vote on by-laws changes and resolutions. However, we are asked to pay dues, write letters to Congress, pay chapter dues, and work to help keep our chapter running.

The MOAA national Board of Directors voted unanimously to extend voting rights to surviving spouses and has asked you, who are regular members, to do the same. Now we, the spouses and surviving spouses of Spokane Chapter MOAA, are asking chapter members to vote yes on the national level just as you did last year to extend voting rights in our chapter. When a regular member takes a life membership, that membership is passed on to their surviving spouse. This keeps that person who is left behind in the loop of what needs to be done to keep the benefits earned by service to our country, and protects the survivor when the sponsor is no longer available to do so. You received your ballot in the August issue of *Military Officer Magazine*. Please take a moment, if you haven't already done so, and vote yes either by mail or online. Thank you!

**Membership Chair/Committee
Spokane Chapter, MOAA
P.O. Box 466
Veradale WA 99037**

**EMAIL REQUEST, CHANGE OF ADDRESS or PHONE, or
TEMPORARILY AWAY:
Clip and complete this form and send it to the
address on the left so we can update our database. Thank you.**



NOTE: We do not send junk email or spam. Also, we do not give away, sell or trade your email address.

Member name: _____
(Please print clearly)

I would like to be added to the chapter email list. I specifically request to (check all that apply):
 Receive the chapter newsletter by email
 Receive important information in a timely manner.

My email address is _____
(Please print clearly)

My mailing address, email address, and/or phone number has changed to:

I will be temporarily away starting _____ and returning _____. I do / do not (circle one)
wish to receive the newsletter while I'm away. If "do" please send it to:

Signed: _____

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Now Hear This!

THE INVISIBLE WOUND



Compared to the wars of the 20th Century, the casualties of the mid-east wars are comparably small. But there is another wound suffered by service members who have served in these conflicts. It is called PTSD or Post Traumatic Stress Disorder. Also, there are those who have brain injuries called TBI or Traumatic Brain Injury. The TBI has generally occurred when a service member's vehicle has been blown up by an IED.

PTSD is called the Invisible Wound because there is no outward appearance of any physical cause. The number of service members who have PTSD has not been determined. At a recent meeting with the Governor of Washington, the DAV representative stated that about 12 to 14 percent of returning veterans have PTSD. A Congressional Committee co-chaired by Representative Cathy McMorris Rodgers contacted 4,000 wives about whether their spouses had PTSD. Twenty-six percent said they thought their husbands had PTSD and 62 percent said they had not sought treatment. Original estimates by the VA and the Army were as low as 4 percent.

PTSD has already been diagnosed in over 240,000 returning veterans by the VA. The VA has 21,000 health care specialists throughout the United States treating those who have this disorder. However, those seeking help have been dealing with long wait times. In Spokane it was reported to be up to 80 days.

The State of Washington has contracted with 44 mental health care specialists to serve Washington Veterans. In Eastern Washington they are located in Spokane and seven other communities. Those seeking help can call VA Hospital Mental Health at 509.434.7000 or Washington Department of Veteran Affairs (Dennis Pollock 509.747.1456.)

COMMUNITY RECOGNITION AWARDS

The Chapter's Board of Directors feels we should recognize outstanding businesses and other organizations that make a special effort to support our troops. All of us interact with many businesses, some of which go the extra mile to recognize and support that small percentage of our citizens who serve or have served in the Armed Forces. If you would like to nominate a business or other organization for the MOAA Spokane award, please contact any Board Member and let us know.



ELECTION OF OFFICERS AND BOARD MEMBERS

At the October social we will present a slate of candidates for election to our Board and for Chapter Officers. The Nominating Committee is hard at work preparing the list. If you would like to help keep the Spokane Chapter strong and vital by joining the leadership of our Five Star Award-winning chapter, please contact Ralph Shrigley at (208) 623-2671.

WINNER of 50/50 Raffle at MAY SOCIAL



Bob Hunt won the 50/50 raffle at the luncheon held on 18 May for RADM Kovacich, but generously gave his share (\$115) back to the chapter, so we were able to put a total of \$230 toward our new JROTC Scholarship fund. Many thanks, Bob! RADM Kovacich gave a great presentation which included his "up close and personal" observation of Iraq during the year that he spent there.

Legislative Contacts

President Barack Obama

The White House
1600 Pennsylvania Ave.
Washington DC 20500

Washington

Senator Patty Murray

United States Senate
10 North Post St, Suite 600
Spokane WA 99201
509-624-9515
Fax (509) 624-9561

Senator Maria Cantwell

United States Senate
920 W. Riverside,
Suite 697
Spokane WA 99201
509-353-2507
Fax (509) 353-2547

Representative Cathy

McMorris Rodgers

United States House of
Representatives
10 N. Post St, 6th floor
Spokane WA 99201
509-353-2374
Fax 509-352-2412

Idaho

Senator Mike Crapo

United States Senate
610 W. Hubbard
Suite 209
Coeur d'Alene ID 83814
208-664-5490
Fax (208) 664-0889

Senator Jim Risch

United States Senate
610 W. Hubbard, Suite 213
Coeur d'Alene ID 83814
208-667-6130
Fax (208) 765-1743

Representative Raul

Labrador, United States

House of Representatives
1250 Ironwood Dr.
Suite 243
Coeur d'Alene ID 83814
(208) 667-0127
Fax (208) 667-0310

Now Hear This!

Spokane Chapter of MOAA
 P O Box 466
 Veradale WA 99037



THURSDAY, 13 September 2012 at Buck Knives
 660 S Lochsa St, Post Falls, ID
 Tours at 1000, 1015, 1200, 1215. Meeting & lunch at 1100

Each Tour is for 10 members; only 40 attendees will Tour. Indicate below your preferred Tour time as first choice = 1, second choice = 2, etc. Tour reservations will be made on a **FIRST COME - FIRST SERVED** basis and you will be confirmed via telephone of your tour time as they fill up. Please mail your reservation early to increase your chances of getting the Tour time you want. The Tours will fill up rapidly!

- If you want to attend and not take the Tour, leave Tour Time blank so others can Tour.
- No open-toes or open-heels on shoes during the tour.
- Wheelchairs are allowed on the Tour but not recommended, as cables and other devices are on the floor. There are also tight space constraints between some of the machinery.
- Buck Knives outlet store will be open; military discount is 30%. You can visit nearby Cabela's if desired.

Reservations must be received by Friday, 7 September, 2012. Lunch will be in a large room on the second floor of Buck Knives. It is handicap accessible via elevator. Wheelchairs are fine for the lunch & meeting.

MENU catered by O'Doherty's: Pulled Pork and buns, sausage, corn bread, potato salad, beans, coleslaw & ice cream. \$12 per attendee including tax and gratuity. Check to Spokane Chapter MOAA is enclosed for _____ attendees and mailed to address above in the amount of \$ _____.

Tour Time 1000 1015 1200 1215

Name: _____ member/guest Tour preference (number) ___ ___ ___ ___

Name: _____ member/guest Tour preference (number) ___ ___ ___ ___

Name: _____ member/guest Tour preference (number) ___ ___ ___ ___

Name: _____ member/guest Tour preference (number) ___ ___ ___ ___

Telephone Number for Tour time confirmation _____

[] Please write in your phone number if you can provide a ride to the luncheon _____

[] Future Program suggestions (food, location, speakers, etc) _____

Cut Here ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ Cut Here ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ Cut Here ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ Cut Here

THURSDAY 13 SEPTEMBER Social at Buck Knives. Lunch & meeting at 1100. Tour at whichever time was confirmed with you by telephone (1000, 1015, 1200, or 1215). Directions: TO BUCK KNIVES: I-90 to Exit 2 in Idaho, go South on Pleasant View Road, then Right on S Lochsa St. to Buck Knives on left. BUCK KNIVES TO CABELA'S – Right on Lochsa, North on Pleasant View Road. Left on Seltice Way, left on N Baugh Way, right on W Pointe Parkway. CABELA'S FROM I-90 – Exit 299, go North, right on E Appleway which changes to Seltice Way, right on N Baugh Way, right on W Pointe Parkway. CABELA'S TO BUCK KNIVES – N Baugh Way, Right on Seltice, Right on Pleasant View, Under I-90, Right on Lochsa. Questions? Call **Bob Imle @ (509) 701-3342**. We will sign legislative letters and have a raffle in support of the MOAA Scholarship. Please bring something for the raffle and Support the Troops.



**Spokane Chapter
 Military Officers Association of America
 P.O. BOX 466
 Veradale WA 99037**

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Need a Ride to a Chapter Social? Call Anyone Listed Below

IDAHO

Richard Oates 208-777-2671
 Ralph Shrigley 208-623-2671



WASHINGTON

Clif Collier 509-443-6490
 Floyd Geiger 509-328-4483

Chuck Latimer 509-326-2978
 Clinton Piper 509-747-9305

Give Me Ten! Basic Rules—It's as Simple as

1 2 3

The rules for MOAA's Give Me Ten recruiting program are very simple. Here goes:

1. There's two kinds of Give Me Ten memberships: Free (yellow form) and Paid (green form).

- Active duty, Guard and Reserve officers can have a Free year of membership in MOAA national.
- All other officers with honorable service can have two years of membership for \$30 (normal price \$65).

2. Any officer who gets a Give Me Ten membership (Free or Paid) can have a \$10 discount on our chapter dues, which are normally \$15 for one year or \$40 for three (discounted price is \$5 or \$30). If they join MOAA national, they do not have to join the chapter.

3. Contact Marilyn Hunt at (208) 773-1074 or cinc@frontier.com and she will send whatever forms you need.

Casualty Assistance Officer: Bernie Fritz is the casualty assistance officer for Fairchild AFB and surrounding area. He is in Bldg. 240 at 7 W. Arnold St., 509-247-4488. If you leave a message, he will call you back.

FAFB Retiree Activities Office
Bldg. 240, 7 W. Arnold St., 509-247-4029
 The Retired Affairs Office needs volunteers. Serving at the RAO is a perfect excuse to travel out to the base and visit the exchange/commissary at the same time. Call them!